

INFORMATION FOR ZENITH TRAMPOLINE CLUB

• Welcome to our club

- **Trampolining is an exhilarating sport, toning muscles, developing strength, confidence co-ordination . Fun and fitness**
- **The club which welcomes children adults and those with special needs, both recreational and competitive performers.**
- **Our club is a not for profit club as such any fund raising welcome**
- **Our classes are kept small and always emphasize safety. We work to a high standard and strive to ensure each person reaches their full potential**
- **Our qualified coaches have taught to National and international standards, and can teach from the most basic skills to multiple twisting somersaults**
- **We work to British Gymnastics syllabus of proficiency awards 1-15 these are £4-50 for badge and certificate**
- **All fees to be paid by standing order on the 1st of each month We have added all the cost for 11 months and divided them into equal payments This calculation takes into account the times we are closed including bank holidays. these prices are based on £8 a session or £7 for siblings or those doing two hours. This is not a contract if your child wishes to leave just cancel your standing order.**
- **Club membership of £20 this will include membership to LONDON Gymnastics (two children or more £15 each) is payable to the club September to September or part yearly, You also have to join British Gymnastics yourself online cost £15 team £35 this is payable October to October (or part year) Information on back less this year due to Covid.**
- **Team membership £45 this also includes membership to LONDON Gymnastics**
- **If your child shows promise and commitment then they can join our team minimum 4 hours a week.**
- **Classes are small and contain the optimum number to get the right amount of rest in between jumps, continuous jumping is exhausting work**
- **It should be realised that trampolining is a demanding sport both physically and mentally and like other sports is not immune from inherent risk and hazards of possible injury**